

Learning to Walk in Faith

A lot of things in life can be disappointing, but God wants to teach us how to walk in faith and trust His goodness and mercy. This week we'll read stories from Elijah and Jesus about our trustworthy God.

1 - Thinking About God's Faithfulness - *Trusting God is not always easy! Share an experience where it was difficult to trust that God would come through - how did it turn out?*

2 - Watch the Video for Week 2 with Pastor Scott

3 - Read & Discuss: Positive change can happen in relationship -

- **Read Romans 10:17** - This passage tells us that our faith is increased when we hear and talk about the message of Christ. This principle explains why discussing Scripture with others is so helpful!
- **Neuroplasticity** is our ability to learn, grow, and develop as a person. New information we read or hear is processed in the left hemisphere of our brain, while the right brain engages when we discuss the info in a supportive environment of relationships, allowing us to apply the new learning in life practice. So, God has designed our brain to learn best when we read and hear His Word and then discuss those insights in a supportive environment with people you trust. *What does this reveal about the potential of a LIFE Group?*

4 - Let's discuss Sunday's sermon...

Pastor Tim preached on 9/22 about God's miraculous provision through the prophet Elijah:

- In this time period, the Canaanite male god Baal and his female consort Asherah were considered the deities that provided fertility of both crops and families. 1 Kings 17 and 18 reveal the God of Israel to be more powerful and trustworthy in the care He provides.
- **Read 1 Kings 17:8-16** - God's provision of food
- **Next read 1 Kings 17:17-24** - God's provision of healing
- These 2 miracles show God's faithful provision, and also set the stage for Jesus' miracle in the same town 700 years later, **read Matthew 15:21-28** about Jesus power in the spiritual realm.
- *What do these 3 stories together teach us about trusting God today?*

Spiritual Formation Tools

On week 1 you received two tools to use for your LIFE Group experience:

- **The Spiritual Health Inventory**
- **The Rule of Life chart**

Pastor Scott mentioned these in the video, if you were able to review these in the past week, share with your group what insights the Inventory provided for you. If you haven't reviewed these tools yet, take some time this week so we can use these insights in the weeks ahead to grow closer to God and to each other!

